

# Confirmation Mentoring

## Discussion Guides

### Session 7 - Growth

The following questions are only suggestions to guide your discussion and time together.

- ❖ Our mentor/student relationship has helped me grow in the following ways...
- ❖ Spending time with God helps our relationship with God to grow. Prayer is focusing our attention on God. If someone asked me to describe my “prayer life” right now, I’d say...
- ❖ Each of the following spiritual activities will help you grow in your faith. Write a personal goal for each one:
  - Attending worship
  - Daily personal time with God/prayer
  - Reading/studying the Bible
  - Giving money to God’s work
  - Serving others
- ❖ Read – Jesus said...

“If you hold to My teaching, you are really My disciples. Then you will know the truth, and the truth will set you free.” John 8:31

  - When I hear that I am to “hold to My teaching,” it means that I need to...
  - What do you think Jesus means when He says that the “truth will set you free”?